

Research in General Practice (without becoming an academic GP)

Why do Research?

For Our Patients

To improve health and advance patient care. To find new drugs, vaccines, psychological therapies, physical therapies and more. Research active organisations have better outcomes for patient care.

Primary care is a research setting which is accessible to almost all the population. Areas with the highest burden of disease have the lowest numbers of patients taking part in research. The aim is to make sure that more patients in health research come from areas where the disease is most common.

For Yourself

Research content in medical jobs **enhances recruitment, retention and reduces burnout**. GPs and the practice team report benefiting from research involvement in many ways; **status, curiosity, learning, contribution, meaning and purpose, public e.g., CQC recognition, peer recognition**.

Financial - individual payments from each study PLUS if a practice sign-up to the Research Site Initiative (RSI) scheme they can earn up to £25,000 per annum per practice (through the Clinical Research Network who organise the studies).

How to take part in research

Research is organised by the Clinical Research Network who approach practices with studies which have been designed and fully approved.

The practice chooses which studies they do. Activity can be as simple as:

- putting a poster up in the waiting room promoting a study
- sending a text message with a link to the study's webpage to patients
- identifying patients that fit the criteria for a study by running a clinical system search and pointing them to the study teams.

Anyone in the practice can be involved. Practice managers, admin staff, nurses, HCA, PCN staff e.g., Pharmacists, Physiotherapists can do lots of the work. **It doesn't take much time and is well rewarded financially.**

The practice will have the support of:

- The local CRN who are your main point of contact
- other Research Active practices who commit to assisting others with their research.
- CCG research champions ed.longridge@nhs.net and jane.coleman6@nhs.net
- The Direct delivery team who can provide nurses to support your studies

If you would like to get involved in one research study to try it out, please contact CCG Research Champions Jane or Ed.

To find out more about the National Institute for Health Research (NIHR) 'Research Site Initiative' (RSI) scheme follow this link to [Information and Application page](#).